

Abstract of the Invention

5 An apparatus and method for treating sleep apnea
and/or snoring is provided. The apparatus includes an
appliance sized and structured to be placed in the
pharyngeal region of a human or animal and being
effective in treating sleep apnea and/or snoring, for
example in maintaining openness of an oropharyngeal
10 region of a human or animal during natural sleep,
advantageously while not interfering with normal
functioning of the epiglottis. Preferably, the
appliance is non-circumferential in form and includes
rounded, spaced apart end portions.

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